



*"To promote, establish and preserve sustainable communities for healthy aging that benefit individuals and families of all ages"*

674 Hillsdale Dr., Ste. 9, Charlottesville, VA 22901 / Tel: (434) 817-5244 / Fax: (434) 817-5230 / [www.jabacares.org](http://www.jabacares.org)

<b>Home Support Services</b>	
<b>JABA</b> 674 Hillsdale Dr., Ste. 9 Charlottesville, VA 22901 Tel: (434) 817-5244 Fax: (434) 817-5230 <a href="http://www.jabacares.org">www.jabacares.org</a>	Provides up to 10 hours per week for companion support services, socialization, light housekeeping and homemaker services to adults 60 and older, not covered by Medicare or Medicaid. Serves Charlottesville, Albemarle, Fluvanna, Greene, Louisa and Nelson.
<b>Acti-Kare of the Piedmont, VA</b> Tel: (540) 727-0024 <a href="http://www.actikare.com">www.actikare.com</a>	Provides transportation, homemaker services, companionship and pet/house sitting. Screened, bonded and insured. Accepts private pay. Serves Louisa.
<b>Alternative Healing Home Health Care</b> 2300 Commonwealth Dr., Ste. 102 Charlottesville, VA 22901 Tel: (434) 529-6196 Fax: (434) 202-2427 <a href="http://www.alternativehealinghomecareservices.com">www.alternativehealinghomecareservices.com</a>	Provides companion care, personal care, respite care and private duty care. Accepts Medicaid and private pay. Serves Charlottesville, Albemarle, Buckingham, Fluvanna, Goochland, Greene, Hanover, Louisa, Nelson and Richmond.
<b>AmeriCare Plus</b> 15 Pratts Run, Ste. 103 Waynesboro, VA 22980 Tel: (540) 943-3298 Fax: (540) 943-6785 <a href="http://www.americarepluspc.com">www.americarepluspc.com</a>	Provides companion care, personal care and personal care advisor, live-in care, respite care, post-operative care, Dementia care and Veteran services. Serves Afton, Charlottesville, Craigsville, Fishersville, Greenville, Grottoes, Stuarts Draft and Waynesboro.
<b>At Home Care Staffing</b> 198 Spotnap Rd., Ste. 5 Charlottesville, VA 22911 Tel: (434) 327-4610 Fax: (804) 612-3706 <a href="http://www.athomecarestaffing.com">www.athomecarestaffing.com</a>	Provides companion care, personal care, live-in care, transportation, meal preparation, light housekeeping, medication reminders and respite care. Experienced in caring for patients with Alzheimer's & Dementia disease. Accepts Medicaid, long-term insurance and private pay. Service area includes a 50-mile radius from Charlottesville.

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<b>Home Support Services</b>	
<p><b>At Home Care Technologies</b>            195 Riverbend Dr., Ste. 5            Charlottesville, VA 22911            Tel: (434) 295-5355            Fax: (434) 295-5324  <a href="http://www.athomecareandhospice.com">www.athomecareandhospice.com</a></p>	<p>Provides specialty programs and transitional care, physical/occupational and speech therapies, skilled nursing. Fully licensed and Medicare/Medicaid certified (not VA Premier Medicaid). Serves a 45-mile radius from the Pantops area.</p>
<p><b>BrightStar Care</b>            2820 Hydraulic Rd., Ste. 400            Charlottesville, VA 22901            Tel: (434) 422-3600            Fax: (434) 422-3601  <a href="http://www.brightstarcare.com">www.brightstarcare.com</a></p>	<p>Professional teams led by registered nurses. Personalized care plan, transitional care, skilled nursing care, senior care, personal care, companion care, caregiver screening, childcare, memory care, live-in care, disability services, home support and outside services. Accepts long-term care insurance and private pay only.</p>
<p><b>Care Advantage Plus</b>            674 Hillsdale Dr., Ste. 1            Charlottesville, VA 22901            Tel: (434) 973-2000            Fax: (434) 973-1420  <a href="http://www.careadvantageinc.com">www.careadvantageinc.com</a></p>	<p>Provides 24/7 personal care, home health and family care service, transportation, private duty companion care, and medication assistance. Accepts Medicaid, insurance and private pay. Hospital <i>Discharge Express</i> program, three-hour block of services for one price. Serves Charlottesville, Albemarle, Fluvanna, Greene, Louisa, Nelson and Orange.</p>
<p><b>Commonwise Home Care</b>            2421 Ivy Rd., Ste. 250            Charlottesville, VA 22903            Tel: (434) 202-8565            Fax: (434) 485-5345  <a href="http://www.commonwisecare.com">www.commonwisecare.com</a></p>	<p>Provides personal care, personal care programs, companion care, and care management services. Accepts long-term care insurance and private pay only. Serves Charlottesville, Albemarle, Augusta, Buckingham, Fluvanna, Greene, Louisa, Nelson and Orange.</p>
<p><b>Complete Home Care</b>            2300 Commonwealth Dr., Ste. 102B            Charlottesville, VA 22901            Tel: (434) 202-2607            Fax: (434) 284-7741</p>	<p>Provides non-medical companion care, personal care and respite care. Accepts Medicaid and private pay. Serves Charlottesville, Albemarle, Buckingham, Fluvanna, Goochland, Greene, Hanover, Louisa, Nelson and Richmond.</p>

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<b>Home Support Services</b>	
<p><b>Daughter Down the Street [Home Office]</b>            905 Leigh Way            Charlottesville, VA 22901            Tel: (434) 960-8255</p>	<p>Provides non-medical companion care, personal care, transportation, social and entertainment outings, meal preparation, light housekeeping and flexible service hours. Accepts private pay only. Serves Charlottesville and Waynesboro.</p>
<p><b>Enhabit Home Health and Hospice</b>            1024 Carrington Pl., Ste. 200            Charlottesville, VA 22901            Tel: (434) 202-7138            Fax: (434) 202-7145  <a href="http://www.enhabithealth.com">www.enhabithealth.com</a></p>	<p>Provides skilled care, community care, care transitions, balance and fall prevention, physical therapy, speech therapy, occupational therapy and medical social work. Accepts Medicare and private pay. Serves Charlottesville, Albemarle, Elkton, Fluvanna, Greene, Louisa, Staunton and Waynesboro.</p>
<p><b>FirstLight Home Care</b>            673 Berkmar Cir.            Charlottesville, VA 22901            Tel: (434) 422-4732  <a href="http://www.firstlighthomecare.com">www.firstlighthomecare.com</a></p>	<p>Provides companion care, personal care, respite care, travel companion services, rehabilitative care, short-term and long-term care, Alzheimer's &amp; Dementia care and veteran's care services. Accepts Medicare Advantage insurance, long-term care insurance, worker's compensation and private pay. Serves Charlottesville, Albemarle, Augusta, Fluvanna, Greene, Louisa, Nelson and Richmond.</p>
<p><b>Home Instead</b>            400 10<sup>th</sup> St., NE            Charlottesville, VA 22902            Tel: (434) 979-4663            Fax: (434) 979-4665  <a href="http://www.homeinstead.com">www.homeinstead.com</a>\532</p>	<p>Provides companion care, personal care, transportation and Alzheimer's &amp; Dementia care. No medical services provided, Serves Charlottesville, Albemarle, Fluvanna, Greene, Louisa and Nelson. Accepts long-term care insurance and private pay only.</p>
<p><b>Interim Health Care</b>            103 S. Pantops Dr., Ste. 205            Charlottesville, VA 22911            Tel: (434) 295-5501            Fax: (434) 295-4938  <a href="http://www.interimhealthcare.com">www.interimhealthcare.com</a></p>	<p>Provides nurse directed home care, personal care, speech therapy, physical therapy and occupational therapy. Accepts Medicare, Medicaid and insurance. Serves Charlottesville, Albemarle, Buckingham, Fluvanna, Greene, Louisa, Madison, Nelson and Orange.</p>

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<b>Home Support Services</b>	
<p><b>Just A Little Help</b>            4945 Dick Woods Rd.            Charlottesville, VA 22903            Tel: (434) 293-6933  <a href="http://www.justalittlehelpcville.com">www.justalittlehelpcville.com</a></p>	<p>Provides companion and personal care, meal preparation, transportation, medication reminders, light housekeeping, in-depth care for Alzheimer's, post-surgery and hospice support. Special services: moving help, deep cleaning, organizing, downsizing, special events and travel. Accepts long-term care insurance and private pay only. Serves Charlottesville, Albemarle, Fluvanna, Greene and Nelson.</p>
<p><b>Loving Arms Care, Inc.</b>            716 Rio Rd. W., Ste. E            Charlottesville, VA 22901            Tel: (434) 964-9431 (Office 9-5 M/F)            Tel: (434) 548-0309 (Hotline 24/7)            Fax: (434) 974-1378  <a href="http://www.lovingarmscareinc.com">www.lovingarmscareinc.com</a></p>	<p>Provides personal care, companion care, post-surgical assistance, physical disability support, memory care, meal preparation and light housekeeping. Accepts long-term care insurance and private pay only. Serves Charlottesville, Albemarle, Fluvanna and Greene.</p>
<p><b>Medi Home Health and Hospice</b>            941 Glenwood Station Ln.            Charlottesville, VA 22901            Tel: (434) 244-0890            Fax: (434) 244-0132  <a href="http://www.msa-corp.com">www.msa-corp.com</a></p>	<p>Provides hospice care only. Accepts Medicare (not United Healthcare), Medicaid (not VA Premier), eligible insurance and private pay. Service area includes a 50-mile radius from Charlottesville.</p>
<p><b>Naborforce</b>            2308 W. Main St.            Richmond, VA 23220            Tel: (844) 696-2267  <a href="http://www.naborforce.com">www.naborforce.com</a></p>	<p>Provides non-medical in-home care, companion care, personal care, meal preparation, light housekeeping and transportation. Accepts private pay only. Serves Charlottesville, Crozet, Ivy, Keswick, Lake Monticello, Richmond, Ruckersville, Stanardsville and Virginia Beach.</p>
<p><b>NurseSpring</b>            1807 Emmet St., Ste. 1A            Charlottesville, VA 22901            Tel: (434) 972-7200            Fax: (434) 979-1300  <a href="http://www.nursespring.com">www.nursespring.com</a></p>	<p>Provides nurse recruitment/facility staffing, health care staffing, home health care, skilled care, private duty and personal care, companion care and concierge services. Accepts private pay and eligible insurance on a case-by-case basis. Service area includes a one-hour radius from Charlottesville.</p>

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<b>Home Support Services</b>	
<p><b>Open Arms Helping Hands, LLC</b> 525 Meade Ave. Charlottesville, VA 22901 Tel: (434) 293-4388 <a href="http://www.openarmshelpinghands.com">www.openarmshelpinghands.com</a></p>	<p>Provides companion care, personal care, meal preparation, transportation, medication reminders, light housekeeping, live-in services and Alzheimer's &amp; Dementia care. Accepts long-term care insurance and private pay. Serves Charlottesville, Albemarle, Fluvanna, Greene, Madison, Nelson and Orange.</p>
<p><b>Senior Helpers of Blue Ridge</b> 3040 Berkmar Dr., Ste. B Charlottesville, VA 22901 Tel: (434) 481-4292 <a href="http://www.seniorhelpers.com">www.seniorhelpers.com</a></p>	<p>Provides Alzheimer's &amp; Dementia care, Parkinson's care, companion care, personal care, transitional care, chronic disease care, Veteran's benefit assistance, respite care, surgery assistance, wellness watch, End-of-Life support care and concierge care. Accepts private pay, whole life and long-term care insurance and Veteran's pension benefits. Serves Charlottesville, Warrenton and Winchester.</p>
<p><b>Sisters Who Care</b> 101 Turtle Creek Rd., Apt. 12 Charlottesville, VA 22901 Tel: (434) 825-5421 <a href="https://sisterssswhocare.com">https://sisterssswhocare.com</a> <b>[Note: Home Office]</b></p>	<p>Provides non-medical comfort and care. Services include companion care, personal care, light housekeeping, cooking and meal planning, grocery shopping, transportation, therapy assistance and general mobility assistance. Accepts long-term care insurance and private pay. Serves Charlottesville, Albemarle, Fluvanna, Greene, Louisa, Nelson and Richmond.</p>
<p><b>Sentara Home Care Services</b> 154 Hansen Rd., Ste. 101 Charlottesville, VA 22911 Tel: (434) 654-2900 Fax: (434) 964-1310 <a href="http://www.sentara.com">www.sentara.com</a></p>	<p>Provides skilled care and rehabilitation services, hospice, nursing rehabilitation, pharmacy and infusion therapy, Sentara PERS and telehealth. Accepts Medicare, Medicaid and insurance. Serves Charlottesville, Albemarle, Fluvanna, Greene, Louisa, Madison, Nelson, and Orange.</p>
<p><b>T &amp; L Companions, Inc.</b> 3689 Lake Monticello Rd. Palmyra, VA 22963 Tel: (434) 589-2700 <a href="http://www.tandlcompanions.com">www.tandlcompanions.com</a></p>	<p>Provides companion care, personal care, meal preparation, transportation and light housekeeping. Private duty CNA's and PCA's 24/7. Accepts insurance and private pay. Serves Charlottesville, Albemarle, Fluvanna and some areas in Louisa.</p>

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<b>Home Support Services</b>	
<p><b>Touching Hearts at Home</b>            PO Box 1573            Louisa, VA 23093            Tel: (540) 603-2626  <a href="http://www.touchinghearts.com/centralva">www.touchinghearts.com/centralva</a></p>	<p>Provides non-medical home care services for older adults, seniors and people with disabilities. Offers companion care, personal care, light housekeeping, meal preparation, transportation and Alzheimer's &amp; Dementia care. Serves Louisa and Central Virginia.</p>
<p><b>Trove Home Care, LLC</b>            2720 McElroy Dr.            Charlottesville, VA 22903            Tel: (434) 235-4108  <a href="http://www.trovehomecare.com">www.trovehomecare.com</a></p>	<p>Provides non-medical personal care, companionship and care management services. Tailored support for clients with Alzheimer's and Dementia care, hospice care, respite care, post-surgical care and hospital-to-home discharge care. Accepts long-term care insurance and private pay. Serves Charlottesville, Albemarle, Fluvanna, Greene, Louisa and Nelson.</p>
<p><b>UVA Continuum Home Health Care</b>            2205 Fontaine Ave, Ste. 204            Charlottesville, VA 22908            Tel: (434) 297-7555            Fax: (434) 297-4598  <a href="http://www.uvahealth.com">www.uvahealth.com</a></p>	<p>Provides nursing care, home health aides, disease &amp; wound management, medication management, exercise and diet regimens, physical, speech and occupational therapy, home infusion therapy, psychiatric and pediatric services. Accepts Medicare and Medicaid. Serves Charlottesville, Albemarle, Augusta, Buckingham, Culpeper, Fluvanna, Greene, Louisa, and Madison, Nelson, Orange and Rockingham counties.</p>
<p><b>Visiting Angels</b>            195 Riverbend Dr., Ste. 3            Charlottesville, VA 22911            Tel: (434) 227-5917  <a href="http://www.visitingangels.com/charlottesville">www.visitingangels.com/charlottesville</a></p>	<p>Provides non-medical companion and personal care, meal preparation, medication reminders, light housekeeping and transportation services. Accepts private pay and long-term care insurance. Qualified veterans may be eligible through the Veteran's administration. Serves Charlottesville, Albemarle, Augusta, Fluvanna, Louisa, Orange and Staunton.</p>

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